



# Shrewsbury Up and Comers – Covid Risk Assessment

Activity	Outdoor Football Training & Matches	Location	Various
----------	-------------------------------------	----------	---------

This risk assessment has been developed to identify, assess and control the risks of COVID-19 commonly known as Coronavirus infection whilst undertaking outdoor football training and matches within the club. It is also intended to cover measures that have been developed in accordance with the Government's and FA's recommendations on social distancing. These are exceptional circumstances and all members of the club must comply with the latest Government advice at all times. If an activity cannot be undertaken safely by fulfilling any aspects of this workplace risk assessment it should be immediately stopped.

The club's designated COVID Officer is Becky Jones – [chairman.upandcomersfc@gmail.com](mailto:chairman.upandcomersfc@gmail.com) or 07527927200

## Scope of Risk Assessment

<b>Activity/Equipment/Workplace/Environmental Hazard:</b>
Training session and matches – arrival, during training/matches, toilet breaks and exit of training/match. Hazard is virus transfer through contact and close proximity to other people, touching objects previously touched by others.
<b>Location/Circumstances where hazard could arise:</b>
Car park, route into playing area, on and around the pitch, route out of the playing area. Players are of various ages, so possibility of younger ones forgetting proximity guidelines and picking up objects etc. Also, most children have not seen teammates for many months so risk of being overwhelmed or excited and making contact with each other.
<b>Possible Consequences:</b>
Covid-19 infection
<b>Persons/Groups at Risk:</b>
Players, coaches, parents, officials and onward contacts

<b>Risk Assessment Rating Before Controls:</b>
<b>High Risk</b>

Hazard	Who is at risk?	Risk level prior to control measures	Control measures implemented	Who is responsible for implementing control measures	Risk level with control in place
People transferring virus	All	High / Medium	<ul style="list-style-type: none"> <li>Obtain approval to play from all parents, outlining their understanding and acceptance of latest Covid guidelines.</li> <li>Confirm that all parents are aware of the latest symptoms guidelines, and are advised to do symptoms checks prior to them/their child attending training/games.</li> <li>Inform parents that there remains a requirement to provide named water bottles, hand sanitiser and medication for each session.</li> <li>Provide access to the Club Covid risk assessment for all.</li> <li>Update coaches of changes to Covid protocols as a standard process.</li> </ul>	Committee	Medium
Player, coach and officials attendance	Players, coaches & officials	High / Medium	<ul style="list-style-type: none"> <li>Players, coaches and officials must not attend if they are showing symptoms of Covid 19, have tested positive, or been requested to self-isolate by Test and Trace.</li> <li>A reminder of symptom check assessments should be sent to parents/players prior to training and games.</li> <li>Players/coaches must bring their own named water bottle and hand sanitiser (sun screen and medication where applicable) and leave it in their dedicated area – this must not be shared with any other person.</li> <li>Coaches must ensure all equipment is cleaned and disinfected between sessions – this includes but is not limited to bibs, balls, cones, goalposts and corner flags.</li> <li>It is recommended that sharing of items is limited as much as is practicable.</li> <li>It is recommended that social distancing is maintained where close proximity is not a necessity.</li> <li>A register of attendance will always be kept and retained for 21 days.</li> <li>It is recommended that all attendees scan any venue QR codes when available.</li> </ul>	Players and coaches	Low

Hazard	Who is at risk?	Risk level prior to control measures	Control measures implemented	Who is responsible for implementing control measures	Risk level with control in place
Player, coach and officials attendance	Players, coaches & officials	High / Medium	Spitting and chewing gum should be avoided as the main mode of transmission is in respiratory secretions. A complete ban on chewing gum is recommended.	Players and coaches	Low
			<ul style="list-style-type: none"> <li>Match officials, where possible, should be paid by bank transfer.</li> </ul>		
			<ul style="list-style-type: none"> <li>Coaches to ensure they and players hand sanitise at the start, end and in breaks of all sessions/matches.</li> </ul>		
Parents/carers attending	All	High / Medium	<ul style="list-style-type: none"> <li>Parent or carer must not attend if they are showing symptoms, test positive, or have been requested to self-isolate by Test and Trace.</li> </ul>	Parents and coaches	Low
			<ul style="list-style-type: none"> <li>A parent /carer consent document must be completed prior to their child resuming training/games. Prior to each training session/match, the parent must confirm the player and parent have completed and passed the Onsite Training/Match Assessment checks.</li> </ul>		
			<ul style="list-style-type: none"> <li>Parents/carers must ensure that their child arrives at training with named: water bottle, hand sanitiser and any medication required.</li> </ul>		
			<ul style="list-style-type: none"> <li>It is recommended that all attendees scan any venue QR codes when available.</li> </ul>		
Opposition	All	High / Medium	<ul style="list-style-type: none"> <li>Opposition Manager to be sent a copy of the club risk assessment before match upon request.</li> </ul>	Coaches	Low
			<ul style="list-style-type: none"> <li>Any specific site rules or conditions to also be shared prior to the match in Covid briefing.</li> </ul>		
			<ul style="list-style-type: none"> <li>Each team to provide own sanitiser and appropriate cleaning products.</li> </ul>		
			<ul style="list-style-type: none"> <li>Opposition must be requested to scan in using the QR code for NHS Test &amp; Trace, and the location of the codes.</li> </ul>		
			<ul style="list-style-type: none"> <li>The Respect Marshall should be used to support in raising awareness of Covid protocols and compliance.</li> </ul>		

Hazard	Who is at risk?	Risk level prior to control measures	Control measures implemented	Who is responsible for implementing control measures	Risk level with control in place
Facilities	All	High / Medium	<ul style="list-style-type: none"> <li>Changing rooms can be used, but it is recommended that social distancing is maintained as much as practicable, and time within kept to the minimum necessary.</li> <li>A register of cleaning of any club facility should be maintained, regularly updated prior to use.</li> </ul>	Coaches	Low
First Aid	Coaches Parents Players Officials	High	<ul style="list-style-type: none"> <li>An attending parent/carer is responsible for the first aid of their child if the situation is non-emergency (risk to life or limb). All other attendants should maintain social distancing.</li> <li>In the event of an emergency situation the respondent's first priority is to assess their own safety in relation to the incident (including their risk of contracting Covid), and to ensure the relevant services are contacted. The risk of contracting Covid is deemed as low in relation to any CPR requirement, so responders can proceed to commence compressions and rescue breaths as required.</li> <li>First aid kits are to include: CPR Faceshield or pocket mask with one-way valve, Fluid-resistant surgical masks (Type IIR) – for the first aider and player, disposable single use gloves, disposable single use aprons and goggles. These should be used in emergency situations where the application of these measures adds no greater time risk to the player.</li> </ul>	Coaches	Medium
Equipment contamination	Players, coaches, officials	High / Medium	<ul style="list-style-type: none"> <li>All equipment to be disinfected before and after training/matches. Also, where possible, during drinks breaks in training. During matches this should be done at half/quarter time.</li> <li>Goal posts and corner flags should be appropriately cleaned before and after use by Manager/Coaches.</li> <li>Areas that are unable to be cleaned, hands should be thoroughly washed/sanitised after contact.</li> <li>All players/coaches/officials to sanitise hands on arrival, during break and at the end of the session.</li> <li>After use all equipment will be quarantined for a period of 72 hours.</li> </ul>	Coaches	Low

Hazard	Who is at risk?	Risk level prior to control measures	Control measures implemented	Who is responsible for implementing control measures	Risk level with control in place
Post session	Players, carers and coaches	High / Medium	<ul style="list-style-type: none"> <li>• Players will be dismissed one at a time at the end of the session by the coach.</li> </ul>	Coaches, players	Low
			<ul style="list-style-type: none"> <li>• All players to use hand sanitiser.</li> </ul>		
			<ul style="list-style-type: none"> <li>• All attendees to ensure possessions, litter and equipment is removed.</li> </ul>		
			<ul style="list-style-type: none"> <li>• Coaches to be informed if any attendees develop Covid symptoms.</li> </ul>		

**Assessment of Overall Residual Risk with Controls Applied:**

<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<b>LOW</b>	<b>MEDIUM</b>	<b>HIGH</b>

**Assessment Completed by:** Stu Baldwin/Becky Jones      **Date:** 26/8/21

**Review Date:** As per guidance change.