

SCAT 2020-21



EMERGENCY ACTION PLAN (EAP)

Shrewsbury Up and Comers FC
Games/Training at SCAT, London Road, Shrewsbury SY2 6PR

Below is an essential list of items required for each team participating in football activities.

Remember you must put safety first

1. Make sure you are aware of the local Hospital details close to the venue of the game (listed below).
2. Ensure your First Aid kit is equipped correctly. You should only carry and use medical items that you have been trained to use. Your Emergency First aid qualification must always be up to date.

NOMINATE YOUR RESPONSIBLE FIRST AID TRAINED INDIVIDUAL (ALL TEAMS MUST BE HAVE ATLEAST ONE FA TRAINED FIRST COACH)

3. Carry a charged Mobile phone(s). Nearest land line is the SCAT sports centre reception.
Make sure you know your Number.
4. List of all players, and their medical conditions (ON Registration Forms/Player First Aid Form)
5. List of emergency contacts for your players
6. Copies of the Club Accident form
7. In advance request a nominated helper should one be required to assist you
8. As a 'pitch side' first aider you must be located in a position with visibility of all players
9. **An ambulance should be called for as soon as it is recognised that a player has a life-threatening or serious injury/illness.**

IF IN DOUBT CALL FOR AN AMBULANCE – SEE OVERLEAF FOR ACCESS PROCEDURE

EMERGENCY NUMBERS 112 OR 999

THE VENUE

Shrewsbury College of Arts and Technology, London Road, Shrewsbury, SY2 6PR Tel 07143 232098 (Sports Centre Reception)

WHAT THREE WORDS: Spoil. Class. Times

Grid Reference SJ 51358 11365

LOCAL HOSPITAL

Royal Shrewsbury Hospital, Mytton Oak Rd, Shrewsbury, Shropshire SY3 8XQ
Tel 01743 261000

Driving directions to Royal Shrewsbury Hospital:

1. Turn right out of the main car park onto London Road A5064 to head onto Column roundabout. Take the Haycock Way / 2nd exit down the hill to Reabrook roundabout.
2. Take the first exit A5112 Pritchard Way and cross straight over at the next roundabout down to Moele Brace roundabout.
3. Take the fourth exit and bear left over the bridge to take the B4380 Roman Road.
4. Go straight over at the next two roundabouts.
5. At the roundabout with the B4386, take the first exit onto the B4386 (signposted Shrewsbury A&E)
6. Destination is approximately 1 mile on the left.

Ambulance Access Procedure

1. Instruct an adult to inform the Sports Centre staff that an ambulance has been called. Ask staff to unlock the gate at Becketts Lane in case the car park is blocked by inconsiderate parking.
2. Instruct an adult to stand and wait for the ambulance at the main road entrance next to Origins restaurant to flag down the approaching ambulance and direct it into the car park. (Also have an adult stand at the other main road entrance to direct the ambulance onwards if the gate is locked.)
3. Direct the ambulance through SCAT into the bottom car park near the pitches. There is vehicle access onto the grass at the path that leads onto the 3G Astro pitch or at the drop kerb in the last aisle in the car park.

WHAT THREE WORDS LOCATOR: Spoil. Class. Times

NOTE: If the car park access route is blocked, an alternative route onto the field is via Becketts Lane on London Road – next to small postbox in wall.

Defibrillator

1. There is a defibrillator inside the Sports Centre Reception, located on the wall opposite the entrance doors.